

# Scotchcheer™



## OPEN CHAMPIONSHIPS 2011

GLASGOW AUDITORIUM, SECC - APRIL 16TH AND 17TH



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**SCOTCHEER SCOTDANCE 2011 COACHES**  
**INFORMATION PACK**

## **INFORMATION PACK CONTENTS**

Code of Conduct	3
Eligibility Policy	3
Allstar Dance Divisions	4
General Guidelines	5
General Rules	5
<b>*NEW</b> Tumbling Tricks	6
<b>*NEW</b> Dance Lifts/Partnering	7
Choreography/Costuming	7
Props	7
Dance Divisions Information	8
Allstar Cheer Divisions	9
General Guidelines	10
General Rules	10
Legality Verification	11
Tentative Schedule	12
Event Code Key	12
Warm Up and Competition Venue	13
Simple Registration Process / Pricing	14
Spectators Seating Prices	15
Awards & Trophies	15
ECU - European Cheer Rules & Ages	16
ECU - European Cheer Division Bids	17
ECU Scoreforms Cheer Divisions	18
ECU - European Dance Division Bids	19
ECU Scoreforms Freestyle/Pom Divisions	20
ECU Scoreforms Hip-Hop Divisions	21
ECU Scoreforms Jazz Divisions	22
USASF / IASF – 2012 Worlds Bids	23
Jurys Inn Hotel Deal	23

**For the bid process and eligibility to all the International competitions below see page 16 to 23**



## **CODE OF CONDUCT**

To ensure the most positive experience for all attendees, Scotcheer/Scotdance asks that the following Code of Conduct be adhered to during the Scotcheer/Scotdance National Championships:

- Any questions or concerns that affect a team's performance or experience should be directed to a member of the Scotcheer/Scotdance staff, who will then direct your question or concern to the appropriate member of staff.
- Athletes, coaches, parents & spectators are prohibited to make any contact with the judges before or during the event. Anyone found breaking these rules will result in immediate disqualification from the championships.
- Judges' rulings are final related to deductions, final team placements and legalities.
- Any unruly, aggressive or belligerent behaviour by athletes, coaches, parents & spectators towards Scotcheer/Scotdance staff members will result in immediate disqualification, possible removal from the event and a ban to future Scotcheer/Scotdance events may also be enforced.

Scotcheer/Scotdance fervently encourages and supports sportsmanship, integrity and fairness among participants and coaches in all facets of cheer and dance including, but not limited to team/squad practice and performance. We strive to uphold the highest standards and promote this to the best of our abilities, and believe that the coaches are instrumental in promoting and instilling this among their respective team members.

## **ELIGIBILITY POLICY**

In fairness to all, Scotcheer/Scotdance strictly enforces its age requirements for each division. Scotcheer/Scotdance reserves the right to assess a penalty, disqualify, reclaim any and all awards for any team/gym found to be in violation of the eligibility policy, whether before, during or after the Event.

Scotcheer/Scotdance requires all participants to wear their valid ID card which can be ordered from the Scotcheer/Scotdance office for a small fee of £6. Any athlete not wearing their ID card will not be allowed access into the event, therefore will not be allowed to compete.

You should be aware that all performances at this competition will be filmed and all teams will be photographed. By entering into this competition you are allowing Scotcheer's official videographers and photographers (who are CRB checked), and on occasion any third party that has been granted permission by Scotcheer (in writing) to record your image which may be used for event advertising and/or event promotional purposes.

**Note: Scotcheer/Scotdance will try its best for each performer who is crossing over in divisions. No changes to the running order will be permitted on the competition day so be sure to check running order before the competition date.**

## ALLSTAR DANCE DIVISIONS (Sample Scoreforms can be downloaded from our website [www.scotchcer.net](http://www.scotchcer.net))

Scotchcer will again be offering priority seating at this event if tickets are booked through the Scotchcer office using our group booking form. This service will only be available for any orders received and paid in full

All Scotdance divisions are open to both Males and Females. Teams are required to have a minimum of 5 members (teams performing with less than 5 will be considered an exhibition performance and will not qualify for an award). The age divisions are split accordingly to the oldest member of your squad. **All performers' ages are assessed as on 31<sup>st</sup> August 2010 for the 2010/11 season. The dates will change to the 31<sup>st</sup> August 2011 for both Scotchcer 2 in November and the Scotchcer Open in April 2012.**

Please note if your team is competing for a bid to the dance worlds the youngest member of the dance team will have to be at least 14 years old as of 31<sup>st</sup> August 2011, in accordance with IASF rules.

Visit [www.usasf.net](http://www.usasf.net) for all Level Rules

### TEAM DIVISIONS

Division	Age		Divisions				Time
Tiny	7 Years & Younger	Open			Hip-Hop		2min 30 seconds Max.
Mini	9 years & Younger	Open	Pom	Jazz	Hip-Hop	Cheer Dance	2min 30 seconds Max.
Youth	12 years & Younger	Open	Pom	Jazz	Hip-Hop	Cheer Dance	2min 30 seconds Max.
Junior	15 years & Younger	Open	Pom	Jazz	Hip-Hop	Cheer Dance	2min 30 seconds Max.
Senior	16 years & Older (one team member)	Open	Pom	Jazz	Hip-Hop	Cheer Dance	2min 30 seconds Max.
Adult	21 years and Older (Majority of Team)	Open	Pom	Jazz	Hip-Hop	Cheer Dance	2min 30 seconds Max.

### SPECIALITY DIVISIONS INDIVIDUAL PERFORMERS

Division	Age		Divisions				Time
Tiny	7 Years & Younger	Open					1min 00 seconds Max.
Mini	9 years & Younger	Open	Pom	Jazz	Hip-Hop		1min 00 seconds Max.
Youth	12 years & Younger	Open	Pom	Jazz	Hip-Hop		1min 00 seconds Max.
Junior	15 years & Younger	Open	Pom	Jazz	Hip-Hop		1min 00 seconds Max.
Senior	16 years & Older	Open	Pom	Jazz	Hip-Hop		1min 00 seconds Max.
Adult	21 years and Older	Open	Pom	Jazz	Hip-Hop		1min 00 seconds Max.

Due to time constraints your team can only have **1 entry per GENRE in any AGE division, and up to a maximum of 10 individual performances in total. Athletes cannot compete more than once in the speciality division.**

The only speciality divisions available at the SECC competition are Individuals.

NOTE: **There are NO Duets or Trios** at this event – they are at Scotchcer 2 in November.

The age of the competitor ON THE DAY OF THE PERFORMANCE will be the age used for competition purposes throughout the season for all SPECIALITY divisions.

## **GENERAL GUIDELINES**

1. All teams must be supervised during all official functions by a qualified coach. All teams are expected to apply for sufficient helpers passes in order to provide adequate supervision for their group.
2. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The coach of each team is responsible for seeing that team members, coaches, parents, and any other person affiliated with the team conduct themselves accordingly. Severe demonstrations of unsportsmanlike conduct make the event less enjoyable for others and are grounds for disqualification.
3. All coaches should have an emergency response plan in the event of an injury or evacuation.

## **GENERAL RULES**

1. Teams must have at least 5 members, with a maximum of 35 members.
2. Each team will have a maximum of 2 minutes and 30 seconds (2:30) to demonstrate their style and expertise. Timing will begin with the first choreographed movement or note of the music. Timing will end with the last choreographed movement or note of the music, whichever comes last. Timing will start immediately for any team who choreographs their entrance as that will be considered part of their performance.
3. Participants may compete in more than one dance division and/or category as long as they abide by the age restrictions in all divisions in which they compete and pay the necessary crossover fee.
4. Substitutions may be made in the event of any injury or other serious circumstance. Substitutes must also abide by the age restrictions in all divisions and must be agreed with Scotchcheer.
5. Any team proven to be in violation of the age restrictions will be automatically disqualified from the event. We will endeavour to point out any discrepancies with your squads prior to competition start.
6. Shoes are recommended but not required. Wearing socks only is prohibited.
7. Jewellery as a part of a costume is allowed.
8. Coaches are not permitted to “mark/prompt” the routine in front of the competition area, regardless of the team’s age. To ensure the fairness and integrity of the competition structure, any team found doing this will result in a 25 point deduction in their final score.
9. Scotchcheer will lay a Harlequin Dance floor approximately 12m x 12m for all dance divisions. Please note that this surface does not require chalk, talc or rosin and competitors are asked not to use such products to ensure that the floor remains the same for all performers.

## Tumbling/Tricks

1. An acrobatic or gymnastics skill executed by an individual, without contact, assistance or support of another individual (s), and begins and ends on the performance surface.
2. Tumbling is allowed, but not required, in all divisions with the following limitations:

The following are examples of skills that are and are not allowed:

### Allowed

Forward/Backward Rolls  
Dive Rolls / Forward Rolls (In a Piked position)  
Round-off  
Shoulder Rolls  
Cartwheels  
Headstands  
Handstands  
Front/Back Walkovers  
Stalls  
Head Spins  
Windmills / Flairs  
Kip up

### Not Allowed

Aerials  
\*Front/Back Handsprings  
Front/Back Tucks  
Side Somersault  
Layouts  
\*Aerial Cartwheel  
Shushunova  
Headsprings (without hand support)

\*Indicates allowed in the Hip Hop Division only

Airborne skills with hip over head rotation must involve hand support with at least one hand while passing through the inverted position. (\*Exception – Aerial Cartwheels, Front/Back Handsprings – which are allowed in the Hip Hop Division Only)

Tumbling skills with airborne hip over head rotation are limited to 2 connective skills. Example – Round-off, back handspring, back handspring is not allowed. Round-off, back handspring, kip up is allowed.

3. Weight bearing skills on the hands are not allowed while holding poms or props. (Including tumbling, stalls, etc. Exception: forward and backward rolls.)
4. Drops to the knee, thigh, seat, front, back, jazz split (hurdler) or split position onto the performing surface from a turn, jump, stand, or inverted position must first bear weight on the hands or foot/feet in order to break the impact of the drop.
5. Drops to a push-up position onto the performance surface are permitted from a standing or kneeling position or from a jump with forward momentum (i.e. Flying Squirrel or an X, Star or Spread Eagle jump. All variations of a Shushunova are not permitted.

## **Dance Lifts/Partnering**

**Lift** - an action in which an individual (s) is elevated from the performance surface by one or more other individuals and set down. A Lift is comprised of “Lifting” Individual (s) and “Elevated” individual (s)

**Tricks** - an action in which an individual executes a skill with support from one or more individuals. A Trick is comprised of “Supporting” Individual (s) and “Executing” Individual (s)

**Partnering** - an action in which two or more individuals use support from one another, but are not elevated. Partnering can involve, both “Supporting” and “Executing” skills

1. A Lifting/Supporting Individual must maintain direct contact with the performance surface at all times.
2. At least one Lifting/Supporting Individual must have hand/arm/body to hand/arm/body contact, with the Elevated/Executing Individual (s), at all times during the Lift, Trick or Partnering Skill.
3. Swinging Lifts and Tricks are allowed, provided the Elevated/Executing Individual’s body does not make a complete circular rotation and is in a supine position (may not be prone) at all times.
4. Hip over head rotation of the Elevated/Executing Individual (s) may occur as long as his/her hips maintain a level at or below the shoulder height of a standing Lifting/Supporting Individual (Exception: chorus line flips are not allowed- See Glossary for full definition at [www.scotcheer.net](http://www.scotcheer.net) ).
5. All cheer style stunts and/or pyramids are prohibited. (Exceptions: pony sit, thigh stand, shoulder sit).
6. Jumping or leaping off an individual is allowed as long as there is hand/arm (Supporting Individual) to hand/arm/body (Elevated/Executing Individual) contact with a Supporting Individual throughout the skill.
7. Tossing an individual is allowed as long as there is hand/arm (Supporting Individual) to hand/arm/body (Elevated/Executing Individual) contact with at least one other individual throughout the skill.

## **Choreography/Costuming**

1. Suggestive, offensive, or vulgar choreography and/or music are inappropriate for family audiences and therefore lack audience appeal. Routine choreography should be appropriate and entertaining for all audience members. Vulgar or suggestive material is defined as any movement or choreography implying something improper or indecent, appearing offensive or sexual in content, and/or relaying lewd or profane gestures or implications. Inappropriate choreography affects the judges’ overall impression of the routine. Please make sure that all choreography is age appropriate.

2. All costuming should be age appropriate and acceptable for family viewing, costume malfunctions will be infraacted.

## **Props**

1. A prop is defined as anything that is used as part of your choreography that is not attached to your costume. Wearable and handheld items / props that compliment the choreography will be allowed in the Jazz and Hip Hop Categories. They may be removed and discarded from the body.
2. The Pom Category will not allow props, as pompons are to be used for 80-100% of the routine. If there are male performers in this category they are not required to use pompons.
3. No large free standing props will be allowed in any category, such as chairs, stools, benches boxes, stairs, steps, ladders, bars, sheets etc. Any item that bears the weight of the dancer is considered a standing prop.

## **Dance Divisions**

### **Jazz**

A jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

### **Pom**

**Poms must be used in at least 80%** of the routine. Important characteristics of a pom routine include synchronization and visual effect, clean and precise motions and strong pom technique. Visual effect includes level changes, group work, formation changes, the use of different colour poms, etc.

### **Hip Hop**

Routines emphasize the various movement styles of hip hop dance; this can include but not be limited to, R & B pop, popping, locking, breaking, krumping, waacking, etc. Movements should have an emphasis on execution, style, creativity, body isolations, rhythm, and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

### **Open Dance**

A routine in the Open Dance category may incorporate any one style of dance not outlined in the above Scotdance category listings. This can include, but not be limited to, Modern, Contemporary, Bollywood, Scottish etc. All styles will be judged against each other in this category. Emphasis is placed on choreography, proper technical execution, visual effect, creativity, staging and team uniformity.

**\*\* In fairness to all squads competing at this event any squad in this division must have a routine that does not fit into any other category. Any routine that can fit into one of the other genres on offer (i.e) Jazz / Pom / Hip-hop / Cheer Dance will be disqualified.**

If you are unsure that your choreography will fit into this division please ask.

### **Cheer Dance**

Important characteristics of a cheer dance routine include synchronization, visual effect, and clean and precise motion technique. Visual effect includes level changes, group work, formation changes, etc. Technical skills such as leaps, pirouettes and kick lines are not permitted and will be infringed if seen.

## ALLSTAR CHEER DIVISIONS (Sample Scoreforms can be downloaded from our website [www.scotcheer.net](http://www.scotcheer.net))

All Scotcheer divisions are required to have a minimum of 8 members (teams performing with less than 8 will be considered an exhibition performance and will not qualify for an award). The age divisions are split accordingly to the oldest member of your squad. **All performers' ages are assessed as on 31<sup>st</sup> August 2010 for the 2010/11 season. The dates will change to the 31<sup>st</sup> August 2011 for both Scotcheer 2 in November and the Scotcheer Open in April 2012.**

Please note if your team is competing for a bid to the Cheer worlds (L5) the youngest member of the cheer team will have to be at least 14 years old as of 31<sup>st</sup> August 2011, in accordance with IASF rules.

\*Please Note –Level 6 routines must have whole squad over the age of 17 Years old – **exception of L6 Senior International Cheer Division where year of birth must be 1995 or before.**  
International Cheer Division Junior Division must have all competitors born between 1994 & 1998 inclusive

### TEAM DIVISIONS AVAILABLE

Division	Age	Divisions						Time	
Tiny	7 Years & Younger	1						2min 30 seconds Max.	
Mini	9 years & Younger	1	2					2min 30 seconds Max.	
Youth	12 years & Younger	1	2	3	4	5	2min 30 seconds Max.		
Junior	15 years & Younger	1	2	3	4	5	2min 30 seconds Max.		
Junior Coed (One Member Male)	15 years & Younger			3	4	5	2min 30 seconds Max.		
Senior	16 years & Older (one team member)			2	3	4	5	6*	2min 30 seconds Max.
Senior Coed (One Member Male)	16 years & Older (one team member)			3	4	5	6*	2min 30 seconds Max.	
Adult	21 years and Older (Majority of Team)			2	3	4	5	6*	2min 30 seconds Max.
International Cheer See Pages 15-17	Junior / Senior Co-ed & All Girl				5	6	2min 30 max / 30 sec Cheer Segment		

### SPECIALITY DIVISIONS The highest score attained in Individual Cheer will receive the Jack Frew Memorial Trophy for 2011

Category	# Of Entries	Age Group						Time		
Individual Tumbling	1	T	P	Y	J		S		A	1min 00 seconds Max.
Stunt Group	2	T	P	Y	J*	JC*	S*	SC*	A	1min 15 seconds Max.
Partner Stunt up to L6	3						JC*	SC*		1min 00 seconds Max.

\*L5 Junior / L5 or L6 Senior Partner Stunt & L5 Junior / L5 or L6 Senior Group Stunt winners may qualify for ECU Europeans in Prague.

All speciality divisions must adhere to USASF/IASF levels; Stunt groups are available in all levels, please mark on the registration form the appropriate level. Tumbling divisions must adhere to level 5.

Due to time constraints teams can only have **1 INDIVIDUAL entry per AGE division, up to a maximum of 6.**

The only speciality divisions available at the SECC competition are Individuals.

NOTE: **There are NO Duets or Trios** at this event – they are at Scotcheer 2 in November.

**The age of the competitor ON THE DAY OF THE PERFORMANCE will be the age used for competition purposes throughout the season for all SPECIALITY divisions.**

## **GENERAL GUIDELINES**

1. All teams must be supervised during all official functions by a qualified coach.
2. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The coach of each team is responsible for seeing that team members, coaches, parents, and any other person affiliated with the team conduct themselves accordingly. Severe demonstrations of unsportsmanlike conduct are grounds for disqualification.
3. All coaches should have an emergency response plan in the event of an injury or evacuation.

## **GENERAL RULES**

1. Teams must have at least 8 members, with a maximum of 35 members.
2. Each team will have a maximum of 2 minutes and 30 seconds (2:30) to demonstrate their style and expertise. Timing will begin with the first choreographed movement or note of the music. Timing will end with the last choreographed movement or note of the music, whichever comes last.
3. Participants may compete in more than one cheer division and/or category as long as they abide by the age restrictions in all divisions in which they compete.
4. Substitutions may be made in the event of any injury or other serious circumstance. Substitutes must also abide by the age restrictions in all divisions and Scotcheer must approve any substitutions.
5. Any team proven to be in violation of the age restrictions will be automatically disqualified from the event.
6. All participants must wear appropriate athletic shoes.
7. Jewellery in all cheer divisions is prohibited.
8. Coaches are not permitted to “mark/prompt” the routine in front of the competition area, regardless of the team’s age. To ensure the fairness and integrity of the competition structure, any team found doing this will result in a 25 point deduction from your final score.

For a copy of the IASF/USASF rules please go to [www.scotcheer.net/forms.php](http://www.scotcheer.net/forms.php) or [www.usasf.net](http://www.usasf.net)

## **Legality Verification**

As a coach, it is important to be current on the Scotcheer/Scotdance Safety Guidelines. If you have questions concerning any safety guidelines or questions regarding specific skills, please follow these steps. This will ensure that you receive a timely and accurate response to your questions.

- All questions must be in written form. Due to the differences in interpretation and terminology, no phone calls will be accepted. Do not rely on prior rulings from Scotcheer/Scotdance championships. A separate video must be submitted for each competition to ensure legality.
- For approval, you must send a DVD or Email that contains the skill in question along with a letter stating the skill you are questioning. Video must include the following:
  1. Front, side and back view of skill.
  2. Name(s) of all championships where you will be performing skill and the division including level you will be performing in.
  3. Include your name, team name, address, phone number and email address on your DVD.
  4. Do not send the entire routine, only the skill(s) in question.
  5. If you would prefer to send a skill via email, contact the Scotcheer/Scotdance office to find out if that is a viable option.

**Queries that do not contain the above information will *NOT* be viewed.**

ALL QUERIES *MUST ARRIVE AT THE SCOTCHEER/SCOTDANCE OFFICE* at least *TWO WEEKS PRIOR* to the championship date. Videos not received in the Scotdance office two weeks prior to the championship date will *NOT* be reviewed.

Send DVD's to:

***Scotcheer/Scotdance Legalities for National Championships,  
29 Middleton Crescent,  
Emmock Woods,  
Dundee,  
DD4 9FG***

Send Emails to:

**steve@scotcheer.net** and **entries@scotcheer.net**

We strongly advise that you use either recorded delivery or an overnight courier company. Scotcheer/Scotdance will not accept responsibility for any lost DVD's by the postal service.

*NOTE: Do not depend on your choreographer or coach to determine if something is legal. If you feel that something may be illegal, send a DVD or Email to the Scotcheer/Scotdance office.*

## Tentative Schedule

### Saturday 16<sup>th</sup> April 2010

8:00 am – Coaches Registration / Warm-Up opens for first competitors

9:00 am – Event Starts

All cheer divisions including cheer dance and awards will be on the Saturday.

### Sunday 17<sup>th</sup> April 2010

8:00 am – Coaches Registration / Warm-Up opens for first competitors

9:00 am – Event Starts

All times shown are approximate and may be liable to change.

## Event Code Key

Here is a key so you can understand the division abbreviations on the day of the event. A copy of these will be in the programme. Don't worry we work it out, not you!

Age Divisions					
T	Tiny	M	Mini	Y	Youth
J	Junior	JC	Junior Co-ed	S	Senior
SC	Senior Co-ed	A	Adult		
Levels					
CL1	USASF Level 1	CL2	USASF Level 2	CL3	USASF Level 3
CL4	USASF Level 4	CL5	USASF Level 5	CL6	USASF Level 6
Dance Divisions (Teams)					
JD	Jazz Dance	PD	Pom Dance	OD	Open Dance
HH	Hip Hop Dance	CD	Cheer Dance		
Speciality Division Examples					
I	Individual	CDT	Cheer Duet Tumbling	TJ	Trio Jazz
SGL (+no)	Stunt Group Level	PS	Partner Stunt	NT	Non Tumbling

Examples:

TOD	Tiny Open Dance (Team)	TCL1	Tiny Cheer Level 1 (Team)
YIT	Youth Individual Tumbling	MSGL2	Mini Stunt Group Level 2
YIJ	Youth Individual Jazz	ACD	Adult Cheer Dance (Team)
JJD	Junior Jazz Dance (Team)	SSGL5	Senior Stunt Group L5
MPD	Mini Pom Dance (Team)		

**Cheer Individuals and Dance Individuals are only available at our Scotcheer Open Competition in April. Cheer Duets and Trios will be tumbling unless specified and are only available at Scotcheer 2 in November**

## **Warm Up Hall – Hall 2 SECC.**

Once again squads will warm up routines in SECC hall 2 prior to performing on the Stage at the Clyde Auditorium. All squads will have a full schedule and it is up to them to adhere to their appointed times. Scotchcer will endeavour to allow enough time between performances and any request for a change to the published schedule must be given in writing prior to the event itself.

The warm up area consists of the following stages: Cheer & Cheer Dance Day – Saturday 16<sup>th</sup> April:

1. **Changing Area:** Scotchcer have acted on previous concerns and advice from coaches and will now provide a changing facility for competition squads in the warm-up area - Hall 2. We are enforcing the use of this area. Please do not change costumes anywhere else including (but not limited to): the main auditorium / corridors / toilets.
2. **Registration at main desk:** You need to register your squad at the appointed time which lets us know you are ready to go to all warm up stations.
3. **Squad Photos:** DE Photos will be taking your squad photos here prior to your warm up routine.
4. **Stretch area:** Scotchcer will provide a warm up / stretch area
5. **Stunt / Pyramid floor:** Scotchcer will provide a Stunt / Pyramid Floor (carpet bonded foam) so that you can warm up prior to your time at the next station.
6. **Sprung Floor:** Scotchcer will provide a full competition sized sprung floor (ie) 9 Panel 54 ft x 42 ft (identical to our competition floor) to allow a full warm up your routine on the same surface.

At stage 6 you will be allocated a full 5 minutes and only at this stage will anyone be allowed to play music.

The warm up area consists of the following stages: Dance Day – Sunday 17<sup>th</sup> April:

1. **Changing Area:** Scotchcer have acted on previous concerns and advice from coaches and will now provide a changing facility for competition squads in the warm-up area - Hall 2. We are enforcing the use of this area. Please do not change in the main auditorium.
2. **Registration at main desk:** You need to register your squad at the appointed time which lets us know you are ready to go to all warm up stations.
3. **Squad Photos:** DE Photos will be taking your squad photos here prior to your warm up routine.
4. **Stretch area:** Scotchcer will provide a warm up / stretch area
5. **2 x Dance Areas:** Scotchcer will provide taped out dance areas for your practice. You will be allocated practice floor 1 or practice floor 2.

**At stage 5** you will be allocated a full **10 minutes** and only at this stage will anyone be allowed to play music.

## **Competition Venue – Clyde Auditorium.**

After warm up Squads will then be taken through the following steps:

1. From Hall 2 to the back stage area **Pre-Holding**.
2. Then onto the **Holding** area at Stage Left.
3. Onto the main stage for your **Competition Routine**.
4. Exit Stage Right to **Watch your Performance** on the television Screen.

## **Simple Registration Process**

For those of you who did not attend Scotcheer 2 there is now a very simple registration process.

Scotcheer will once again be using electronic registration for this event which allows you to complete your forms online and in the comfort of your own home. No more trips to the post office and relying on Royal Mail deliveries to meet deadlines.

The initial Squad Registration Form for this competition can be downloaded from our website [www.scotcheer.net](http://www.scotcheer.net)

Once you have completed and emailed us your Squad Registration Form we will then send you customised Team Entry Forms. These will already be populated with every cheerleader registered with your squad with a current or recently elapsed Scotcheer Event ID Card.

To register your teams all you then need to do is place an "X" (or for more than one teams in a divisions the number of team they are competing in (i.e) "1" or "2") beside everyone in that team.

We will then send you an invoice for your competition fees which can be paid up.

## **Pricing**

Once again Scotcheer's registration fee will be held at £35 and this entitles each entrant to the following:

- **One** Cheer Team Division
- **One** Dance Team Division
- **One** 2011 Competitors Lanyard
- **One** 2011 Scotcheer Competitors Event Tee-Shirt
- **One** 2011 Competitors Commemorative Medal

Speciality divisions are optional extras and can be added at the following costs:

- Individual Cheer Division - £15
- Stunt Group Division all levels (per group) - £60
- Partner Stunt Division (per group) - £45
- Individual Dance Division - £15
- Crossover / Double Duty Per Extra Team Performance - £10

All competitors must have a valid Scotcheer ID Card (cost £6 and valid for 3 years) and these will only be produced on 2 occasions. **28<sup>th</sup> of February 2011 27<sup>th</sup> March 2011.**

**Please Note:** If we have not received your Scotcheer Event ID Card application at the Scotcheer Office by the 27<sup>th</sup> March 2011; be aware that you will still need to apply, but we will only produce them at the SECC on the day of competition. It is up to you to make sure you arrive at the venue with enough time to obtain your ID card prior to your scheduled Competition times.

**The cost for any ID Cards applied for this event after the 27<sup>th</sup> March 2011 will incur a £4 late registration fee and therefore cost £10 for the 3 years. Please get these into us on time to avoid this late fee.**

## **Spectator Pricing**

Scotcheer will again be offering priority seating at this event if tickets are booked through the Scotcheer office using our group booking form. This service will only be available for any orders received and paid in full up until February 28<sup>th</sup> 2011.

On the 28<sup>th</sup> February we will be allocating all advance bookings so that all squads' fans can sit together.

- Tickets for Saturday the 16<sup>th</sup> April - £12
- Tickets for Sunday the 17<sup>th</sup> April - £12

After this date Scotcheer will no longer accept advance orders and these must be placed direct with the SECC booking office at [www.ticketsoup.com](http://www.ticketsoup.com)

Please note: A booking fee will apply to any orders after the 28<sup>th</sup> February and tickets will be allocated by "Ticket Soup" strictly on a first come basis.

## **Awards:**

### **Jack Frew Memorial Trophy\***

Scotcheer will be presenting the **Jack Frew Memorial Trophy** which will be held for a year by the Champion Cheerleader who receives the highest overall score (over all age groups) in our Individual Cheer Competition. This trophy is in memory of EKL Cheerleader and Scotcheer member Jack who sadly is no longer with us. **This trophy will be re-awarded annually and bear the names of all previous winners.**

## **Cheer & Dance Teams**

Scotcheer will award trophies to all teams in the Tiny & Mini Categories.  
Scotcheer will award trophies for all other divisions up to a maximum of 5<sup>th</sup> Place.

## **Speciality Divisions**

Scotcheer will be awarding the top 3 places in the Individual Cheer  
*\*and also the Jack Frew Trophy to the highest score overall in Cheer Individual*

Scotcheer will be awarding the top 3 places in each genre of Individual Dance.

Scotcheer will be awarding trophies to the top 3 places in the Partner Stunt Divisions.

Scotcheer will be awarding trophies to the top 3 teams in all Group Stunt Divisions.

**The Scotchcheer Open Cheer & Dance Championship is an official qualifying competition to the following International Club Championship event:**



**THE ECU - EUROPEAN CHEERLEADING & DANCE CHAMPIONSHIPS – CHEER DIVISIONS**

Date: July 2<sup>nd</sup> – 3<sup>rd</sup> 2011 Country: Czech Republic City: - Prague

This competition is the first event for the newly formed European Cheer Union. All ECU - European Member Nations (at the time of print over 20 European Nations) will be offering bids at qualifying events to the first event for the ECU Championships held this year in Prague. This is a Club Team Championship event where the ECU is looking to crown the best Club Teams in Europe as the European Champions. For further details visit [www.europeancheerunion.com](http://www.europeancheerunion.com)

**Bids are available in the following categories and any teams wishing to gain a bid to either International event should enter the appropriate Cheer Divisions on offer and abide by the general rules.**

**Further clarification is available by request to the Scotchcheer Office email: [steve@scotchcheer.net](mailto:steve@scotchcheer.net)**

As such we are offering bids to these events \*if both the age and skill level criteria are met.

**You will need to Enter our International Cheer Divisions on the Entry Form to try and qualify for this European Cheer & Dance Event.**

The following divisions with number of athletes exist for Cheerleading:

Division / Age groups	Senior	Junior
Team All Girl	8 – 25 athletes	8 – 25 athletes
Team Coed	8 – 25 athletes	8 – 25 athletes
Group Stunt All Girl	up to 5 athletes	up to 5 athletes
Group Stunt Coed	up to 5 athletes	up to 5 athletes
Partner stunt	2 athletes	2 athletes

In Coed divisions at least one male athlete must be participating on the team.

No male athletes are allowed in All Girl divisions.

Partner stunt couple division must have one male and one female athlete.

**GENERAL RULES**

**A. Team Cheerleading:**

1. Cheer portion: must start with cheer portion in the beginning of routine, should not exceed thirty seconds (0:30).
2. Music routine portion: Should not exceed two minutes, thirty seconds (2:30)

**B. Group Stunt / Partner Stunt:** Should not exceed one minute (1:00)

## **JUNIOR TEAM DIVISIONS**

The following divisions are on offer for Cheerleading **Junior Elite - L5** & **Senior Premier – L5 & L6**

### **International Cheer Division Junior (All-girl and Co-Ed)**

13 years old to 17 years old – (Year of Birth for 2011 Event - Must be born between 1994 – 1998)

Number of athletes on floor 8 - 25 maximum

### **International Group Stunt Junior (All-girl and Co-Ed)**

13 years old to 17 years old – (Year of Birth for 2011 Event - Must be born between 1994 – 1998)

Number of athletes – up to 5

### **International Partner Stunt Junior (Co-Ed)**

13 years old to 17 years old – (Year of Birth for 2011 Event - Must be born between 1994 – 1998)

Number of athletes – 2

### **International Cheer Division Senior (All-girl and Co-Ed) L5 or L6**

16 years and older – (Year of Birth for 2011 Event – 1995 or before)

Number of athletes on floor 8 - 25 maximum

### **International Group Stunt Senior (All-girl and Co-Ed) L5 or L6**

16 years and older – (Year of Birth for 2011 Event – 1995 or before)

Number of athletes – up to 5

### **International Partner Stunt Senior (Co-Ed)**

16 years and older – (Year of Birth for 2011 Event – 1995 or before)

Number of athletes – 2

- In Co-Ed divisions at least one male must be participating in the team
- No males allowed in All –Girl divisions
- Partner Stunt division must have one male and one female athlete plus one spotter.

## ECU Scoreform and Criteria for International Cheer Division

Distribution of points in Team divisions:

Judging Criteria	Description	Points
Cheer Criteria	Crowd leading ability/ability to lead the crowd for teams Nation, use of signs, poms, or megaphone, practical use of Stunts/pyramids to lead the crowd, execution (native language encouraged)	10
Partner Stunts	Execution of skills, Difficulty (Level of skill, Number of bases, Number of Stunt Groups), Synchronization, Variety	25
Pyramids	Difficulty, Transitions Moving into or Dismounting out of Skills, Execution, Timing, Creativity	25
Basket Tosses	Execution of skills, Height, Synchronization (When Applicable), Difficulty, Variety	15
Tumbling	Group tumbling, Execution of skills (includes jumps if applicable*), Difficulty, Proper Technique, Synchronization	10
Flow of the Routine / Transitions	Execution of routine components: flow, pace, timing of skills, transitions	5
Overall Presentation, Crowd Appeal, Dance*	Overall presentation, showmanship, dance*, crowd effect	10
<b>Total</b>		<b>100</b>

\* - jumps and dance are only applicable in All Girl divisions

## ECU Scoreform & Criteria for Stunt Group & Partner Stunt Division

Distribution of points in Group Stunt and Partner Stunts divisions:

Judging Criteria	Description	Points	
Stunts and tosses	Execution of Technique	Execution of proper technique to perform stunts, making the stunts appear to be easy.	30
	Difficulty	Difficulty, and the ability to perform stunts in the routine. Also includes not setting out of the stunts, continual transitions, one arm stunts, toss stunts, etc. (Difficulty based on progressions)	25
	Form and Appearance of Stunts	This includes not moving on stunts, arms straight, flexibility of stunts in good position, straight line with base and top, comfortable facial expressions, etc.	20
Overall performance	Transitions	Pace of transitions, visual effect and creativity of the transitions, matching specific points in music, difficulty and technique maintained during transitions. There should be as few 'breaks' in the routine as possible.	15
	Showmanship	Excitement level of routine, routine is choreographed to music, and stunts hit to beats of music, creative stunts and/or visuals, quick pace, facials, and energy.	10
<b>Total</b>		<b>100</b>	

## THE ECU - EUROPEAN CHEERLEADING & DANCE CHAMPIONSHIPS – DANCE DIVISIONS

Date: July 2<sup>nd</sup> – 3<sup>rd</sup> 2011 Country: Czech Republic City: - Prague



Bids are available in the following categories and any teams wishing to gain a bid to either International event should enter the appropriate Dance Division on offer and abide by the general rules.

Further clarification is available by request to the Scotchcheer Office email:

[steve@scotchcheer.net](mailto:steve@scotchcheer.net)

The following divisions are on offer for Dance Divisions in both **Junior & Senior**

**\*Please note that there will be NO INTERNATIONAL Dance Divisions for qualification to the ECU Dance competition. Any team winning this bid must be aware that their team has to abide by all ECU Rules and Age criteria in order to compete in Prague. It may mean a change of personnel in your squad.**

### **International Junior & Senior Dance Freestyle Division**

13 years old to 17 years old – (Year of Birth for 2011 Event - Must be born between 1994 – 1998)

16 years and older – (Year of Birth for 2011 Event – 1995 or before)

Number of athletes on floor 4 - 25 maximum

**FREESTYLE** - Incorporates the concepts of Jazz and Hip Hop with an emphasis on choreography, proper technical execution, visual effect, creativity, staging and team uniformity. Pompons are used for 50-100% of the routine. Important characteristics of this type of routine include synchronization and visual effect, clean and precise motions, strong pompon technique, the incorporation of dance technical elements and dance styles. Visual effects include level changes, group work, formation changes, the use of different colour pompons, etc.

### **International Junior & Senior Dance Hip-Hop Division**

13 years old to 17 years old – (Year of Birth for 2011 Event - Must be born between 1994 – 1998)

16 years and older – (Year of Birth for 2011 Event – 1995 or before)

Number of athletes on floor 4 - 25 maximum

**HIP HOP** - Incorporates street style influenced movements and rhythms with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation. There is also an additional focus on athletic incorporations such as jumps, stalls and other tricks. See score sheet for more information.

### **International Junior & Senior Dance Jazz Division**

13 years old to 17 years old – (Year of Birth for 2011 Event - Must be born between 1994 – 1998)

16 years and older – (Year of Birth for 2011 Event – 1995 or before)

Number of athletes on floor 4 - 25 maximum

**JAZZ** - Incorporates stylized movements and combinations, formation changes, group work and technical elements. An emphasis is placed on proper technical execution, extension, control, body placement, style and continuity of movement along with team uniformity. See score sheet for more information.

Male and female athletes are allowed to participate in all Dance Divisions in the same team.

## ECU Scoreform and Criteria for Freestyle (Pom) Division

Distribution of points in Freestyle divisions:

Judging Criteria		Description	Points
Overall Effect	Overall Impression	Teams ability to exhibit a dynamic and energetic routine Audience appropriateness of the music, costume and choreography Judges overall impression of the performance	10
	Communication & Projection	Ability to evoke feeling from an audience; through use of energy, showmanship, genuine expression and emotion throughout the performance	10
Choreography	Creativity/Musicality/ Formations & Transitions	Use of pompons and original movement to compliment the music and create visual effects / inventive formations and creative ways to move from one formation to another, allowing for seamless changes of positions.	10
	Difficulty	Use of intricate and challenging skills/movement (including various turns, leaps, jumps, kicks, etc.)	10
Technique	Execution of Style(s) & Technical Skill	The mastering and performance of all technical elements in accordance with the ability level of entire team	20
	Placement/Control/ Extension/Strength of Movement	The proper control & correct placement/alignment of body & parts of body throughout all movement during performance. Ability to exhibit full extension and strength of movement technical elements and pompon motions	10
Group Execution	Synchronization	The uniformity of all movement throughout the routine and appropriate timing with the music.	20
	Spacing	Ability of participants to gauge and position themselves correct distances between each other in and throughout all formations of performance.	10
<b>Total</b>			<b>100</b>

## ECU Scoreform and Criteria for Hip-Hop Division

Distribution of points in Hip Hop divisions:

Judging Criteria		Description	Points
Overall Effect	Overall Impression	Teams ability to exhibit a dynamic and energetic routine Audience appropriateness of the music, costume and choreography Judges overall impression of the performance	10
	Communication & Projection	Ability to evoke feeling from an audience; through use of energy, showmanship, genuine expression and emotion throughout the performance	10
Choreography	Creativity & Musicality	Use of original movement to compliment the music	10
	Difficulty	Use of intricate and challenging skills/movement	10
	Formations & Transitions	Use of inventive formations and creative ways to move from one formation to another, allowing for seamless changes of positions	10
Technique	Execution of Style(s) & Clarity of Movement	The mastering of rhythm and hip hop elements in accordance with the ability level of entire team	10
	Placement/Control/Extension/Strength of Movement	The proper control & correct placement/alignment of body & parts of body and the ability to exhibit full extension and strength of movement	10
Group Execution	Synchronization	The uniformity of all movement throughout the routine and appropriate timing with the music	20
	Spacing	Ability of participants to gauge and position themselves correct distances between each other in and throughout all formations of performance.	10
<b>Total</b>			<b>100</b>

## ECU Scoreform and Criteria for Jazz Division

Distribution of points in Jazz divisions:

Judging Criteria		Description	Points
Overall Effect	Overall Impression	Teams ability to exhibit a dynamic and energetic routine Audience appropriateness of the music, costume and choreography Judges overall impression of the performance	10
	Communication & Projection	Ability to evoke feeling from an audience; through use of energy, showmanship, genuine expression and emotion throughout the performance	10
Choreography	Creativity & Musicality	Use of original movement to compliment the music and create visual effects	10
	Difficulty	Use of intricate and challenging skills/movement (including various turns, leaps, jumps, kicks, etc.)	10
	Formations & Transitions	Use of inventive formations and creative ways to move from one formation to another, allowing for seamless changes of positions	10
Technique	Execution of Style(s) & Technical Skills	The mastering and performance of all elements in accordance with the ability level of entire team	20
	Placement/Control/Extension/Strength of Movement	The proper control & correct placement/alignment of body & parts of body and the ability to exhibit full extension and strength of movement	10
Group Execution	Synchronization and Spacing	The uniformity of all movement throughout the routine, appropriate timing with the music and the ability of participants to gauge and position themselves correct distances between each other in and throughout all formations of performance.	20
<b>Total</b>			<b>100</b>

**The Scotcheer Open Cheer & Dance Championship is an official qualifying competition and the road to Worlds for the following International Club Championship event:**

**THE IASF – INTERNATIONAL ALLSTAR CHEER & DANCE CHAMPIONSHIPS**

Date: **April 2012** Country: **United States** City: - **Orlando**

Scotcheer will be offering bids to the 2012 World Club Championships for Allstar Cheer & Dance in the following categories. \*Scoring and Skills Criteria have to be met

All members of your team must be aged 14 or over on the 31<sup>st</sup> August 2011 to be part of a bid winning team. See [www.usasf.net](http://www.usasf.net) for further bid criteria and details.

- International Open All-Girl Cheer Division L5
- International Open Co-Ed L5 (1 or more male)
- International Open All-Girl Cheer Division L6
- International Open Co-Ed L6 (1 or more male)
- International Open Jazz
- International Open Pom
- International Open Hip-Hop
- International Open Co-Ed Hip-Hop (2 or more males)



## **SCOTCHEER YOUR ROAD TO WORLDS**

**Scotcheer has arranged a deal with Jury's Inn for competitors at the 2011 Event.**

*Jury's Inn was Voted Best Independent Hotel Brand 2010 at Business Travel Awards.*

Please email us if you require any further details [steve@scotcheer.net](mailto:steve@scotcheer.net)